



ALL STAR NEWS

SUPERSTARS PERFORMING ARTS

OCTOBER 2026 EDITION

HEADLINES

IMPORTANT REMINDERS!

- OCTOBER PAYMENTS PULLED - **OCTOBER 1ST**
- BRING A FRIEND WEEK! - **OCTOBER 5-9TH**
- PARENT VIEWING WEEK - **OCTOBER 19-23RD** (SEE STAGE NOTES SECTION FOR DETAILS)
- COSTUME WEEK - **OCTOBER 26-30TH**
- LAST DAY TO DROP OR ADD A CLASS - **NOVEMBER 1ST** (SEE STAGE NOTES SECTION FOR DETAILS)
- THANKSGIVING BREAK - **NOVEMBER 24TH - 29TH** (REGULAR CLASSES WILL TAKE PLACE ON MONDAY, NOVEMBER 23RD)
- COSTUME FEES PULLED - **NOVEMBER 1ST & DECEMBER 1ST**
- HOLIDAY RECITAL - **DECEMBER 13TH**

BRING A FRIEND WEEK

We're inviting your SUPERSTAR to bring a friend to their normal recreational class OCTOBER 5-8! Let them experience the fun, energy and magic of **SUPERSTARS**—and maybe discover their new favorite class!

If their friend loves it and signs up, **YOU BOTH WIN!** ★
YOU'LL RECEIVE 50% OFF ONE NOVEMBER CLASS TUITION AND their friend will receive **50% OFF ONE NOVEMBER CLASS TUITION, TOO!**

A few important details:

- Discount applies to one class per family. Friend must enroll and maintain enrollment for 30 days.
- Registration is still open, with space available in several classes.
- Some class times and offerings have changed since the start of the season, so be sure to check our most current schedule on our website.
- Want to know how to qualify? Email the studio for details.
- Limit one discounted class per family.
- Not applicable towards costume fees.

COSTUME WEEK

Students may wear their Halloween costumes to class the week of **OCTOBER 26TH - 30TH**.

Please remember that student should be able to move comfortably in their costumes. Safety first, thank you! Happy Halloween!



Celebrate with the Norwalk Dance Team for an evening of FUN. See details and register using the link below. \$10 if you register prior to October 2nd.



MONSTER MASH BASH

SATURDAY, OCTOBER 3

5YRS - 5YRS DANCE: 2:00 P.M. - 3:00 P.M. - NEW THIS YEAR
K - 3RD GRADE DANCE: 3:30 P.M. - 4:30 P.M.
6TH - 8TH GRADE DANCE: 5:30 P.M. - 7 P.M.
4TH - 5TH GRADE DANCE: 7:30 P.M. - 9 P.M.

DANCING & GAMES

ADVANCE TICKET PRICE RAISES TO \$12 ON OCTOBER 2
TICKETS ARE \$15 AT THE DOOR IF NOT PURCHASED IN ADVANCE
- NORWALK HIGH SCHOOL

CONCESSIONS AVAILABLE FOR PURCHASE
SPONSORED BY THE NORWALK DANCE TEAM



HOURS OF OPERATION:
MONDAY-THURSDAY
5:00 - 8:00 PM



340 WRIGHT ROAD SUITE B
NORWALK, IA 50211



515.850.0918
TEXT IS BEST!



WWW.SUPERSTARS
PERFORMINGARTS.COM

GET THE INSIDE SCOOP ON OUR SUPERSTARS CREW

FROM THE SUPERSTARS DESK ENJOY GETTING TO KNOW SOME OF THE STAFF



KELSY MARTIN

FAVORITE DANCE STYLE TO TEACH - Lyrical

FAVORITE DANCE STYLE TO PERFORM - Tap

FAVORITE DANCE MEMORY - Winning grand nationals with our production (baton), it felt like the stage erupted.

FAVORITE TEACHER MOMENT - Getting to teach my nieces. I grew up dancing at Superstars, so getting to watch them grow up in the same studio and be part of their dance journey has been so much fun!

FAVORITE THING ABOUT TEACHING AT SUPERSTARS - The family environment! I love building relationships with all of my students and watching them grow not only as dancers, but as people. Seeing their confidence grow and watching them believe in themselves is so rewarding!

ONE PIECE OF ADVICE FOR A NEW DANCER - Take chances and step outside of your comfort zone! Sometimes the moves your teachers give you might feel uncomfortable or even scary, but your teacher is there to help you believe in yourself and push you to try things you may not think you can do.



ZOIE HAVICK



ELIANA DOHLMAN

FAVORITE COSTUME - My very first costume reminds me of where my love of dance started. A bonus is it's pretty cute, pink, and has bows.

FAVORITE TEACHER MOMENT - My favorite teaching moment I have had at Superstars is with a little girl in one of my tumbling classes. She would repeatedly say that she couldn't do a backward roll and that it was too hard. After convincing her to try and breaking it down for her we worked on it. After a short amount of time she got it and the shock on her face was precious. She was so proud of herself and it made her much more confident to try new things.

WHAT'S ONE PIECE OF ADVICE YOU WOULD GIVE OUR SUPERSTARS? Never let comparison be the thief of joy.



FAVORITE DANCE MEMORY - Winning nationals with my hip hop team my senior year!

THE SONG THAT ALWAYS GETS ME DANCING - "Don't Stop The Music" by Rihanna

ONE PIECE OF ADVICE FOR A NEW DANCER - Try new things! Step out of your comfort zone and try new skills!



KATE FRIEDMAN



DELANEY HARTER

FAVORITE DANCE STYLE TO PERFORM - Contemporary

FAVORITE DANCE STYLE TO TEACH - Hip Hop

FAVORITE THING ABOUT TEACHING AT SUPERSTARS - Connecting with my students! I adore advising every student and learning their personalities.

ONE PIECE OF ADVICE FOR A NEW DANCER - You don't have to be perfect to dance, just keep dancing!

OUTSIDE OF SUPERSTARS - I love to hang out with my family and do things that help me come out of my comfort zone.

FAVORITE DANCE STYLE TO TEACH - Baton

ONE PIECE OF ADVICE FOR A NEW DANCER - Never give up on what you love to do. Even if there are challenges, keep being you and do your best!



EMERSYNN HARTER



MACKENZIE NIDAY

FAVORITE DANCE STYLE TO PERFORM - Lyrical

FAVORITE DANCE STYLE TO TEACH - Lyrical

WHEN I'M NOT AT THE STUDIO - I love spending time with my niece and nephew. My niece is 2 and my nephew is 7 months old.

ONE PIECE OF ADVICE FOR A NEW DANCER - It's not about being the best in class. It's about what dancing brings to you. Whether it be joy, peace, release, escape, friends, etc. That's so important to have.

FAVORITE DANCE STYLE TO PERFORM - Tap and Hip Hop

THE SONG THAT ALWAYS GETS ME DANCING - "Dancing in the Dark" by Rihanna

ONE PIECE OF ADVICE FOR A NEW DANCER - Always give it your all, and most importantly remember that dance should always be fun!!



KAIA STOULIL

MEET OUR OFFICE COORDINATORS

BECAUSE WHO BETTER TO KEEP THE STUDIO RUNNING THAN THE MOMS WHO ALREADY KNOW WHERE THE SHOES, COSTUMES, KIDS AND THE LOST & FOUND ARE!



MELISSA STOULLIL

MONDAY NIGHTS

MOTHER TO KAIA, KWYN & KACYN



ABBY OVERTON

TUESDAY NIGHTS

MOTHER TO HARPER & REESE



LISA POPKEN

WEDNESDAY NIGHTS

MOTHER TO SAMI



JEN PENISTEN-CLARK

THURSDAY NIGHTS

MOTHER TO AMELIA & GABBY
BONUS MOM TO BRAYDIN & ZOIE



JODI BAKER

BEHIND THE SCENES

MOTHER TO DELANEY & EMERSYNN



JAMIE PETERSON

BEHIND THE SCENES

SUPERSTARS LIFER & FORMER INSTRUCTOR



HOLIDAY SHOW!

SUNDAY, DECEMBER 13TH - MARTENSDALE ST MARY'S HIGH SCHOOL

Performing in front of an audience is great way to boost confidence and get over any anxiety or "stage fright" prior to Recital. We highly encourage every student to participate, but we also understand the holidays are a busy time for everyone. If your student is unable to attend, please let us know as soon as possible.

CLASS	INSTRUCTOR	CLASS NIGHT	CLASS TIME
Hip Hop 1 (1st-2nd)	Ms. Ashley	Monday	6:15 PM
Hip Hop (3rd-4th)	Ms. Ashley	Monday	6:45 PM
Pre K Tap/Ballet/Tumbling (Section A)	Ms. Mackenzie	Tuesday	5:00 PM
Tap & Jazz I	Ms. Mackenzie	Tuesday	5:45 PM
Kindergarten Tap/Ballet/Tumbling (Section A)	Ms. Rianna	Tuesday	6:00 PM
Lyrical I (1st-4th)	Ms. Mackenzie	Tuesday	6:45 PM
Pre K Tap/Ballet/Tumbling (Section B)	Ms. Zoie	Wednesday	5:00 PM
Kindergarten Tap/Ballet/Tumbling (Section B)	Ms. Zoie	Wednesday	5:45 PM
Kindergarten Hip Hop	Ms. Delaney	Wednesday	6:30 PM
Elementary Hip Hop (1st-5th)	Ms. Delaney	Wednesday	7:00 PM
Pre K Tap/Ballet/Tumbling (Section C)	Ms. Kelsey	Thursday	5:00 PM
Kindergarten Tap/Ballet/Tumbling (Section C)	Ms. Kelsey	Thursday	5:45 PM
Cheer I (K-4th)	Ms. Eliana	Thursday	6:00 PM
Baton I (K-4th)	Ms. Kelsey	Thursday	6:30 PM
Tumbling I (K-4th)	Ms. Eliana	Thursday	6:30 PM
Cheer II (5th+)	Ms. Eliana	Thursday	7:00 PM
Elementary Lyrical (1st-5th)	Ms. Kelsey	Thursday	7:00 PM
Baton II (5th+)	Ms. Kelsey	Thursday	7:30 PM
Tumbling II (5th+)	Ms. Eliana	Thursday	7:30 PM

SUPERSTARS
PERFORMING ARTS

